

Miss Tiffany's Bio

Tiffany Reglos has been dancing for 18 years, training in the styles of hip hop, tap, jazz, ballet/pointe, contemporary, lyrical, pom, and freestyle. She competitively danced for 12 years, winning regional and national titles as a soloist and with her teammates. She was a part of El Toro High School's Varsity Dance team for 4 years and was captain her senior year. During her high school career, she choreographed multiple routines, was awarded as "Most Valuable Dancer" and "Most Dedicated", and won 2 national championship titles, placing as the highest scoring performance.

After graduating high school, Tiffany continued to commute to LA regularly to take classes and train, focusing on hip hop styles and choreography. She trained with multiple dance groups: Profound Dance Company, Guests of Honor, A1 Collective. Tiffany was given the opportunity to choreograph for concept videos, performances, competitions, as well as teaching classes nationally and internationally, in Canada and the Philippines. Currently, she is on a professional competitive dance team, GRV, and performer with A1 Collective.

Tiffany is all about being genuine and spreading positivity. Her passion for dance has given her an outlet to fully express herself authentically and present her love for dance. Tiffany is so excited to join the Creative Outlet dance family, to share her ideas and train her students who have the same passion and joy for dance!